

BIG ROCK MORENIC

COMPULSORY MEDICAL CERTIFICATE for competitive sport activity

The certificate is in accordance with the Italian law (DM 18/02/1982)
It's compulsory to use this form in order to make sure the organization can treat all the certificates, sent from different countries, correctly.
This medical certificate has to be filled in using capital letters, dated and signed by the doctor, who stamps it and specifies his/her professional number.
Nobody will attempt the race without the medical certificate

I, the undersigned Doctor of medicine (name, surname)

Born (city, country) _____ On (dd/mm/yyyy) _____

certify that the medical examination of Mr, Ms:

Surname _____ Name _____

Born (city, country) _____ On (dd/mm/yyyy) _____

ID document N° _____

is capable of running a following trail race

- 100 miles: 160 km - 3500 meters D+/-
- 50 miles: 80 km - 1750 meters D+/-
- 50 km: 50 km - 950 meters D+/-

and does not present contraindication to the practice of running (athletics), in competition.

Date of visit:/...../.....

Doctor's signature and stamp (compulsory)

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